

THE SIGN OF THE CROSS

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

GLORY BE TO THE FATHER

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be, world without end. Amen

OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
They will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace,
the Lord is with thee,
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

PRAYER BEFORE MEALS

Bless us, O' Lord, and these thy gifts
which we are about to receive,
from thy bounty, through Christ our Lord. Amen.

PRAYER AFTER MEALS

We give Thee thanks for all Thy benefits,
O Mighty God, who lives and reigns forever. Amen.

GENUFLECTION PRAYER

Jesus, I Adore You, Jesus, I Love You.

ANGEL OF GOD

Angel of God, my guardian dear, to whom God's
love commits me here. Ever this day be at my side,
to light and guard, to rule and guide. Amen

MORNING OFFERING

O my God, I offer you today all that I think, do and say.
Uniting it with what was done on earth by Jesus Christ, Your
Son. Amen

TEN COMMANDMENTS Grade 2

- 1.Put God first - Pray
- 2.Say God's name with respect.
- 3.Keep Sunday holy and go to Mass.
- 4.Honor your Father and Mother.
- 5.You shall not kill.
- 6.Be pure in all you do and say.
- 7.Do no steal.
- 8.Do not tell lies.

9. Be pure in what you think and do.
10. Do not be jealous.

TEN COMMANDMENTS Grades 3-6

1. I am the Lord your God: You shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, My God have mercy. Amen.

CONFESSION FORMULA

1. Pray to the Holy Spirit to help you think of your sins.
2. Examine your conscience.
3. Say the Act of Contrition.
4. Go into the confession room and say:

***In the name of the Father, Son and Holy Spirit.
Amen.***

I am in the _____ grade.

My last confession was _____ ago.

My sins are (tell the sin, why you did it, and what you plan to do about it.

After telling you sins end by say....

I am sorry for these and all my sins.

Father will now speak to you about your sins and God's forgiveness and love for you.

He will then give you absolution for your sins. He says, "I absolve you from your sins, in the name of the Father and of the Son and of the Holy Spirit."

You say, **Amen**. When he is finished you say, **Thank you Father**. Then leave.

5. After confession, spend some time saying your penance prayer if a prayer was given to you as a penance. Then, in your own words, thank God for His loving forgiveness and tell him what you intend to do to show your love for him.

APOSTLE'S CREED

I believe in God, the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;

on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
AMEN

SACRAMENTS

1. Baptism
2. Reconciliation
3. Holy Eucharist
4. Confirmation
5. Matrimony
6. Holy Orders
7. Anointing of the Sick

CORPORAL WORKS OF MERCY

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Visit those imprisoned.
5. Shelter the homeless.
6. Visit the sick.
7. Bury the dead.

SPIRITUAL WORKS OF MERCY

1. Admonish the sinner.
(Give correction to those who need it.)
2. Instruct the ignorant.
(Share our knowledge with others.)
3. Counsel the doubtful.
(Give advice to those who need it.)
4. Comfort the sorrowful
(Comfort those who suffer.)
5. Bear wrongs patiently.
(Be patient with others.)
6. Forgive all injuries.
(Forgive those who hurt us.)
7. Pray for the living and the dead.

BEATITUDES	LIVING THE BEATITUDES
Blessed are the poor in spirit for theirs is the kingdom of heaven.	We are “poor in spirit” when we depend on God and make God more important than anyone or anything else in our lives.
Blessed are they who mourn, for they will be comforted.	We “mourn” when we are sad because of the selfish ways people treat one another.
Blessed are the meek, for they will inherit the land.	We are “meek” when we are patient, kind, and respectful to all people, even those who do not respect us.
Blessed are they who hunger and thirst of righteousness, for they will be satisfied.	We “hunger and thirst for righteousness” when we search for justice and treat everyone fairly.

BEATITUDES	LIVING THE BEATITUDES
Blessed are the clean of heart, for they will see God.	We are “clean of heart” when we are faithful to God’s teachings and try to see God in all people and in all situations.
Blessed are the peacemakers, for they will be called children of God.	We are “peacemakers” when we treat others with love and respect and when we help others to stop fighting and make peace.
Blessed are the merciful, for they will be shown mercy.	We are “merciful” when we forgive others and do not take revenge on those who hurt us.
Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.	We are “persecuted for the sake of righteousness” when others disrespect us for living as disciples of Jesus and following his example.

MYSTERIES OF THE ROSARY

Joyful Mysteries

1. Annunciation to Mary.
2. Visitation of Mary to Elizabeth
3. Birth of Jesus
4. Presentation of Jesus in the Temple
5. Finding of Jesus in the Temple.

Sorrowful Mysteries

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns

4. The carrying of the Cross
5. The Crucifixion

Glorious Mysteries

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption of Mary
5. Coronation of Mary as Queen of Heaven

Luminous Mysteries

1. Baptism in the Jordan
2. Wedding at Cana
3. Proclamation of the Kingdom
4. Transfiguration
5. Institution of the Eucharist

THEOLOGICAL VIRTUES

Faith, Hope, Love

MORAL VIRTUES

Prudence, Justice, Fortitude, Temperance

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and

sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

HOLY DAYS

1. Solemnity of Mary, Mother of God (January 1)
2. Ascension Thursday (40 days after Easter)
3. Assumption (August 15)
4. All Saints' Day (November 1)
5. Immaculate Conception (December 8)
6. Christmas Day (December 25)

PRAYER FOR PEACE (PRAYER OF ST. FRANCIS)

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon, Where there is doubt, faith,

Where there is despair, hope,
Where there is darkness, light,
And where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console,

to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
It is in pardoning that we are pardoned,
And it is in dying that we are born to eternal life.

THE PRECEPTS OF THE CHURCH

1. Participate in Mass on Sundays and Holy Days of Obligation.
2. Confess sins at least once a year.
3. Receive Holy Communion at least during the Easter Season
4. Keep Sunday Holy and the Holy Days of Obligation
5. Observe the prescribed days of fasting and abstinence.
6. Provide for the material needs of the Church, according to one's ability.

HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy;
hail, our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve;
to thee do we send up our sighs, mourning
and weeping in this valley of tears.
Turn, then most gracious advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet virgin Mary.
Pray for us, Holy Mother of God.
That we may be made worthy of the promise of Christ. Amen.

FATIMA PRAYER

O My Jesus, forgive us our sins, save us from the fires of hell,
lead all souls to heaven, especially those most in need of Thy
mercy.

HOW TO PRAY THE ROSARY

1. Make the Sign of the Cross.
2. Pray the “Apostles’ Creed”
3. Say the “Our Father”
4. Say three “Hail Mary’s”
5. Say the “Glory Be”
6. Announce the First Mystery: then say the “Our Father”
7. Say ten “Hail Marys”, while meditating on the Mystery.
8. Say the “Glory Be” then say the “Fatima Prayer”.
9. Announce the Second Mystery: then say the “Our Father”.
10. Repeat steps 7 & 8
11. Continue with third, fourth, fifth Mysteries in the same manner.
12. Say the “Hail Holy Queen”.

NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven and by
the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

PROMISE PRAYER

I'm promising, dear Jesus, to follow you today, and to obey your every rule in all I do or say, to always be a loving child, helpful, kind, and sweet; to give the love you give to me to everyone I meet. But if this promise I should break or if I bring you sorrow, then help me to begin again and keep my promise tomorrow. Amen.

ACT OF FAITH

O my God, I firmly believe that You are one God in three Divine Persons, Father, Son and Holy Spirit. I believe that your divine Son became man, died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen.

ACT OF HOPE

O my God relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, The help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

ACT OF LOVE

O my God, I love you above all things,
with my whole heart and soul,
because You are all-good and worthy of all my love. I love my
neighbor as myself for the love of You. I forgive all who have injured
me, and I ask pardon of all whom I have injured. Amen.